

The Whole Person CATERING

MENU



The Whole Person Catering
3710 Main St., Kansas City, MO
816-595-3344
thewholepersoncatering.com

About The Whole Person Catering

The Whole Person Catering is a social enterprise sponsored by **The Whole Person**, a Missouri Center for Independent Living headquartered in Kansas City MO. We serve a gourmet menu of sandwiches, salads, sides, delicious desserts and beverages. The Whole Person Catering is staffed by participants in **EmployAbilities**, a comprehensive employment training program for job seekers living with a developmental disability administered by The Whole Person.

Our menu was developed specially and exclusively for **The Whole Person Catering** by Kansas City's famous chef and entrepreneur Alex Pope of the Local Pig. The menu was designed to be unique and as locally sourced as possible. With a mixture of different and familiar ingredients our sandwiches and salads will be a hit with everyone from the most sophisticated to the simplest tastes.

From truffle to chipotle aioli paired with ingredients such as sweet potato, fresh arugula and fresh mozzarella, our sandwiches and salads are bursting with fresh flavors and one of a kind taste combinations.

Each of our sandwiches and salads have been named after advocates of the disability movement.

SANDWICHES

- All available as a full size, half-size or as a box lunch.
Half Size: \$5.00 | Box Lunch: \$11.99
- Box lunches include sandwich, one sidekick item, one half-size dessert, napkin, flatware, and wet nap.

- All served on Italian Sub Roll, Grains Galore Bread or can be ordered Naked (*protein-no bread; served as a salad*).
- Served in recyclable/eco-friendly containers.
- Additional spreads can be added – See add-ons section.



THE ED
Fresh Mozzarella,
Tomato & Basil,
Mixed Greens,
Balsamic
Reduction, Herb
Aioli
Full Size: \$9.25



KELLER
Smoked Turkey,
Roasted Red
Pepper, Feta,
Mixed Greens,
Balsamic Aioli
Full Size: \$8.75



THE RICH
Capicola, Feta,
Arugula, Apricot
Basil Jam
Full Size: \$9.25



FRIDA
Black Forest Ham,
Cheddar, Julienned
Apples, Mixed
Greens, Red Onion,
Honey Mustard
Full Size: \$8.75



MATOVU
Roasted Sweet
Potatoes mixed
with Chipotle Aioli,
Arugula, Herb Aioli
and Crispy Fried
Onion
Full Size: \$8.75



CHRISTY
Capicola, Black
Forest Ham,
Provolone, Tomato,
Arugula, Balsamic
Aioli
Full Size: \$8.75



PROFESSOR X
Roast Beef,
Provolone,
Arugula, Truffle
Aioli, Crispy Fried
Onion
Full Size: \$9.25



THE HAWKING
Build your
sandwich as you
like it!
Full Size: \$9.75



STEVIE
Smoked Turkey,
Cheddar,
Mixed Greens,
Chipotle Aioli,
Macerated Cherries/
Sherry Infused
Full Size: \$8.75

Choice of bread: Italian Sub Roll, Grains Galore, Naked
Choice of protein (choose 2): Roast beef, smoked turkey, black forest ham, capicola, sweet potato, provolone, cheddar, feta, fresh mozzarella
Toppings: Tomato, crispy fried onions, macerated cherries, roasted red pepper, apples, arugula, spinach, mixed greens, red onions
Spread: Balsamic Aioli, Herb Aioli, Chipotle Aioli, Honey Mustard, Apricot Basil Jam, Truffle Aioli

SALADS

- All available as a full size, half-size or as a box lunch.
Half Size: \$4.00 | Box Lunch: \$9.99
- Box lunches include salad, one sidekick item, one half-size dessert, napkin, flatware, and wet nap.

- All salads served with Italian bread. Dressing on the side.
- Served in recyclable/eco-friendly containers.
- Additional dressings can be added – See Add-Ons



HONEYMAN -
Arugula, Celery,
Provolone,
Honey Mustard
Vinaigrette
Full Size: \$6.75



ZHANG
Mixed Greens,
Apple, Cheddar,
Crispy Fried
Onions, Herb
Dressing
Full Size: \$6.75



GIRMA
Mixed greens,
Marinated
Tomatoes, Fresh
Mozzarella, Basil
Puree, Balsamic
Dressing
Full Size: \$7.99



DOROTHY
Spinach, Roasted
Corn, Cheddar,
Apricot Basil
Vinaigrette
Full Size: \$6.75



DR. JANE
Spinach, Garbanzo,
Roasted Red
Pepper, Feta,
Crispy Fried
Onions, Balsamic
Dressing
Full Size: \$7.99



PAUL LEVY
A mixture of
garbanzo, kidney
and black beans
with red onion,
cucumber, corn,
roasted red pepper
and a cilantro-
lime vinaigrette,
served on a bed of
arugula with feta
cheese.
Full Size: \$7.99



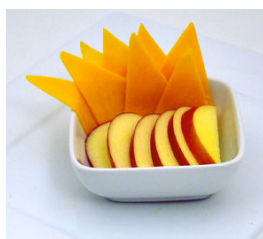
FDR
Arugula, Roasted
Sweet Potato,
Feta, Macerated
Cherries, Chipotle
Dressing
Full Size: \$7.99

SIDE ITEMS

Choose a sidekick to your sandwich or salad!



Hummus with celery sticks **\$2.50**



Apples and cheddar **\$2.50**



Corn and celery slaw **\$2.50**



Carrots and celery with spinach dip **\$2.50**



Multigrain Tortilla Chips **\$2.50**

DESSERTS

A great way to sweeten up your meal!



Raspberry Almond Bar
Crumbly, buttery almond bar with raspberry filling and topped with white chocolate. **\$2.50**



Toffee Crunch Triple Chocolate Brownie
Rich, chocolatey brownie with white, dark and semi-sweet chocolate topped with toffee crunch. **\$2.50**



Caramel Apple Pie Bar
A buttery shortbread crust, cinnamon apples w/streusel topping and silky caramel. **\$2.50**



Lemon Bar
A soft butter shortbread crust and a tangy sweet lemon filling. **\$2.50**

BEVERAGES

16 ounce cup \$1.00 | Green Tea, Black Tea, Lemonade

Flavorings may be added at \$0.50/per flavoring:

Choose from: Basil, Blackberry, Chai, Cherry, Cucumber, Ginger, Habanero, Jalapeño, Lavender, Lemongrass, Mango, Mint, Peach, Pomegranate, Raspberry, Rosemary, Strawberry

ADD-ONS | \$0.75 EACH

SANDWICH SPREADS

Apricot Basil Jam
Balsamic Aioli
Balsamic Reduction
Chipotle Aioli
Herb Aioli
Honey Mustard
Truffle Aioli

SALAD DRESSINGS

Apricot Basil Vinaigrette
Balsamic Dressing
Balsamic Vinaigrette
Chipotle Dressing
Cilantro Lime Vinaigrette
Herb Dressing
Honey Mustard Vinaigrette