



INDIVIDUAL MENU

The Whole Person
3710 Main Street, KCMO
816-595-3344

Monday - Friday, 9am-2pm, Closed on weekends

ALL SANDWICHES & SALADS

- Available as a full size, half-size or box lunch (*Box lunches include sandwich, one sidekick item, one half-size dessert, napkin, flatware, and wet nap.*)
- Served in recyclable/eco-friendly containers.
- Additional spreads can be added – See Add-Ons section.

SANDWICHES

Served on Italian Sub Roll, Grains Galore Bread or can be ordered Naked (*protein-no bread; served as a salad*).

- **THE ED:** Fresh Mozzarella, Tomato & Basil, Mixed Greens, Balsamic Reduction, Herb Aioli
Full \$9.5 | Half \$5 | Box \$12.25
- **THE RICH:** Capicola, Feta, Arugula, Apricot Basil Jam
Full \$9.5 | Half \$5 | Box \$12.25
- **MATOVU:** Roasted Sweet Potato with Chipotle Aioli, Mixed Greens, Herb Aioli, Crispy Fried Onions
Full \$9 | Half \$5 | Box \$12.25
- **PROFESSOR X:** Roast Beef, Provolone, Arugula, Truffle Aioli, Crispy Fried Onions
Full \$9.5 | Half \$5 | Box \$12.25
- **STEVIE:** Smoked Turkey, Cheddar, Mixed Greens, Chipotle Aioli, Cherries/Macerated & Sherry Infused
Full \$9 | Half \$5 | Box \$12.25
- **KELLER:** Smoked Turkey, Roasted Red Pepper, Feta, Mixed Greens, Balsamic Aioli
Full \$9 | Half \$5 | Box \$12.25
- **FRIDA:** Black Forest Ham, Cheddar, Julienned Apples, Mixed Greens, Honey Mustard, Red Onions
Full \$9 | Half \$5 | Box \$12.25
- **CHRISTY:** Capicola, Black Forest Ham, Provolone, Tomato, Arugula, Balsamic Aioli
Full \$9 | Half \$5 | Box \$12.25
- **THE HAWKING:** Build your sandwich as you like it!
Full \$10 | Half \$5.5 | Box \$12.25
Choice of bread: Italian Sub Roll, Grains Galore, Naked
Choice of protein (choose 2): Roast beef, smoked turkey, black forest ham, capicola, sweet potato, provolone, cheddar, feta, fresh mozzarella
Toppings: Tomato, crispy fried onions, macerated cherries/macerated & sherry infused, roasted red pepper, apples, arugula, spinach, mixed greens
Spread: Balsamic Aioli, Herb Aioli, Chipotle Aioli, Honey Mustard, Apricot Basil Jam, Truffle Aioli

SALADS

All salads served with Italian bread. Dressing on the side.

- **HONEYMAN:** Arugula, Celery, Provolone, Honey Mustard Vinaigrette
Full \$7 | Half \$4 | Box \$10.99
- **GIRMA:** Mixed greens, Marinated Tomatoes, Fresh Mozzarella, Basil Puree, Balsamic Dressing
Full \$8.25 | Half \$4.5 | Box \$10.99
- **DR. JANE:** Spinach, Garbanzo, Roasted Red Pepper, Feta, Crispy Fried Onions, Balsamic Dressing
Full \$8.25 | Half \$4.5 | Box \$10.99
- **FDR:** Arugula, Roasted Sweet Potato, Feta, Macerated Cherries, Chipotle Dressing
Full \$8.25 | Half \$4.5 | Box \$10.99
- **ZHANG:** Mixed Greens, Apple, Cheddar, Crispy Fried Onions, Herb Dressing
Full \$7 | Half \$4 | Box \$10.99
- **DOROTHY:** Spinach, Roasted Corn, Cheddar, Apricot Basil Vinaigrette
Full \$7 | Half \$4.5 | Box \$10.99
- **PAUL LEVY:** Garbanzo, Kidney, and Black beans, Red Onion, Corn Cucumber, Roasted Red Pepper, Cilantro-Lime Vinaigrette, Arugula, Feta
Full \$8.25 | Half \$4.25 | Box \$10.99

ADD-ONS | \$1 each

SANDWICH SPREADS (2oz)

Apricot Basil Jam
Balsamic Aioli
Balsamic Reduction
Chipotle Aioli
Herb Aioli
Honey Mustard
Truffle Aioli

SALAD DRESSINGS (4.5oz)

Apricot Basil Vinaigrette
Balsamic Dressing
Chipotle Dressing
Cilantro Lime Vinaigrette
Herb Dressing
Honey Mustard Vinaigrette
Balsamic Vinaigrette

SIDE ITEMS

Choose a sidekick to your sandwich or salad.

- Hummus with Celery Sticks | \$2.75
- Apples and Cheddar | \$2.75
- Corn and Celery Slaw | \$2.75
- Carrots and Celery with Spinach Dip | \$2.75
- Multigrain Tortilla Chips | \$2.75

DESSERTS

A great way to sweeten up your meal.

- Caramel Apple Pie Bar | \$2.75
- Toffee Crunch Triple Chocolate Brownie | \$2.75
- Raspberry Almond Bar | \$2.75
- Lemon Bar | \$2.75
- Gluten Free Peanut Butter Blossom Cookies (3) | \$2.75

BEVERAGES

16 ounce cup \$1 | Green Tea, Black Tea, Lemonade

Flavorings may be added at \$0.50/per flavoring:

Choose from: Basil, Blackberry, Chai, Cherry, Cucumber, Ginger, Habanero, Jalapeño, Lavendar, Lemongrass, Mango, Mint, Peach, Pomegranate, Raspberry, Rosemary, Strawberry

Order Online:
thewholepersoncatering.com